## Living & Leading The Dream-If not now, when?

## LIVING AND LEADING THE DREAM-If not now, WHEN? by Irene Becker www.justcoachit.com

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Is living and leading the dream idealism? You bet. But, it is that spark of idealism that was the genesis of the United States of America. It is that quest to discover and engage our noblest thoughts, emotions and actions that can help us not only keep our dreams alive, but make them real.

The need, greed and ego that has destroyed every fiefdom, kingdom, empire and more recently felled once great corporations; is alive and well in our lives, communities and our workplaces.

Meanwhile, at a time when the average North American and European has more personal powerand access to communication, knowledge and technology than ever before...

We are living in a box-a prison of discouragement because, too many of us are hiding our discontent under our latest material

acquisition or the badge of having a career that has led us to a 24/7 work week.

Too many of us have taken the past of least resistance by forgetting our dreams, forgetting our true potential.How? Why? By accepting and hence contributing to the destruction of our quality of life and the relationships we cherish.Taking the path of least resistance means giving up our dreams by accepting a quality of life, a quality of relationships that does not lead to the meaning, purpose, passion and fulfillment. It means living faster but not necessarily better to acquire all that will become irrelevant when we leave this earth.

As a great man once said, it is time to become the change we seek. And doing so does not mean that we have to cut up our tie, get rid of our navy blue business suit, quit our job, our marriage or leave our community...

Becoming the change we seek means keeping our dreams alive. It means that we have to stop, pause and reflect upon the purpose of our life, and reflect on whether we are building a path to our best self, our highest ideals, our noblest thoughts, emotions and actions...

Most of us will decide to embrace the status quo, by taking the path of least resistance. But some of us will not. And, it is those courageous human beings who have made the decision to step out of the box, people who have decided that they need to not simply fill their pocketbooks but also fill their souls who will change their lives and in so doing change will also help to change the world.

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