

Communicate for Influence-The Coachable Moment

Communicate for Influence The Coachable Moment-Practical, Powerful Tips Six Practical, Powerful Communication Posts in One

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**The leader who communicates well
succeeds well**



• **Listen** better,
listen differently;
master the art of
active listening.
You'll be surprised
what you hear

The Coachable Moment

• **Pause.** Tame the pain. Retrain your brain and mouth to respond rather than react. Learn to circumvent the automatic fight of flight response | The Coachable Moment



• **Improve** your ability to transform difficult conversations, and get them back on track | The Coachable Moment

• **Manage** strong emotions, difficult situations/conversations by building “constructive discontent” | The Coachable Moment



- **Evolve!** USE communication challenges to build higher emotional intelligence, improve one to one and one/group life and

virtual communication skills | The Coachable Moment

- **Understand**—Do not assume or presume anything. Confirm what the other party wants to convey before you pause and respond | The Coachable Moment



- **Inspire!** Less is often More. Choose your words wisely. Seek first to listen, to understand, to learn, then speak to the heart of the matter in the language of your audience

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→More Communication Tips & Tools? YOU Betcha

- [Are Your Ears Open?-Listening Better](#)
 - [Turn Conflict Around-7 Steps](#)
 - [Learning & Communication Self Test](#)
 - [Use Your Voice to Inspire and Engage](#)
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- [Kickstart Happiness, Leadership and Success](#)



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