

Fast Track Coaching or Training Programs

Four Powerful Fast Track Coaching or Training Programs *Deployed one to one, one to group, or service in three 2-hour sessions*



Improve Communication & Influence

(Available for verbal communication, written communication and social media/digital communication) Develop the communication and influence that drives engagement, empowerment and success. Get a new understanding of your strengths, while learning to USE/transform challenges into a catalyst for improved communication, influence and results. Become a masterful communicator.

Learn more . . .

Build YOUR 21st Century Leadership

Edge™

Learn about 3 critical Q strengths and how you can use them to LEAD forward at the speed of change. Develop a critical leadership skill R-E-A-C-H>>Your ability to redirect focus, empower confidence, actualize potential, communicate effectively and harvest results. Lead forward. Make the impossible possible by using YOUR strengths and challenges to inspire, engage and LEAD the best in yourself and others.

Learn more . . .

Career Boost for Successful Career Transition

Learn the new rules of career transition success. Develop YOUR personal brand, get a resume or executive bio that puts YOU ahead of the crowd and hone those critical interviewing skills. Move your career forward faster.

Learn more . . .

Successful Life Transition

Discover the power of a safe place, a confidential place to recharge, refocus and repurpose. Develop a whole NEW relationship with changes, challenges, even crises that helps you tap into YOUR true power and potential. Move forward with an action plan that drives results.

Learn more . . .