

# Self Test Your Learning & Communication Style

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Review The Following Characteristics of Visual, Auditory and Kinesthetic Learners/ Communicators

### **Visual Learners**

- Are neat and orderly
- Are strong, fast readers
- Would rather read than be read to
- Are good long range planners and organizers
- Need an overall view and purpose, and are cautious until mentally clear about an issue or project
- Are observant of environmental detail
- Are appearance oriented in both dress and presentation
- Are good spellers, and can actually see the words in their mind's eye
- Memorize by visual association
- Have trouble remembering verbal instructions unless they are written down

## **Auditory Learners**

- Are frequently eloquent speakers
- Are easily distracted by noise
- Move their lips and pronounce words as they read
- Enjoy reading aloud and listening
- Learn by listening, and remember what was discussed rather than seen
- Can repeat back and mimic tone and pitch
- Finding writing difficult, but are better at telling
- Are talkative, love discussions, and go into lengthy descriptions
- Have problems with projects that involve visualization, such as cutting pieces that fit together
- Can spell better out loud than in writing

## **Kinesthetic Learners**

- Gesture a lot
- Speak slowly
- Respond to physical rewards
- Touch people to get their attention
- Stand close when talking to someone
- Are physically oriented and move a lot
- Memorize by walking and seeing
- Cannot sit still for long periods of time
- May have messy handwriting
- Like action oriented books that reflect action with body movement as they read