

# **How to Build 5 Benchmarks of 21st Century Leadership & Success | Possibility Thinking, Doing and Results, Part II**

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© Irene Becker, Just Coach It-The 3Q Edge™ | (IQ-EQ-SQ) Reach-Resonance-Results 3Q Leadership™ Blog- 42,000+ Social Media Followers & Growing!



Empowerment,  
engagement,  
ideation,  
innovation and  
collaboration are  
the 5 benchmarks  
of 21st Century  
Success.

Irene Becker, Innovator, People Lifter, Founder,  
Just Coach It-The 3Q Edge™ | 3Q Leadership Blog

**Recap of Part 1 of this 2 Part Series:** *Part 1* focused on “the what” three essential strengths you can **GROW** at the speed of change (your **3Q Edge™**). 3 strengths that breathe life and momentum into your greatest potential because they are built with your strengths as well as the changes, challenges, stressors (even failures) you face.

*Counter-intuitive? You betcha, but the imperative to find new, better and faster ways to realize our greatest potential is real, critical...and counter-intuitive! Change is not the problem, it is the solution. Our ability to develop cognitive, emotional and social adaptability is critical and doable!*

**Five benchmarks of 21st century success** (empowerment, engagement, ideation, innovation and collaboration) **are important results of building 3Q skills.** In addition to building these career and business success benchmarks, developing your **3Q Edge™** can help you build greater resiliency, courage, grit, self-confidence while also developing critical intrinsic motivators that keep your values, your vision and your purpose in alignment when times get tough!

**What are the five steps in my 3Q Edge™ toolkit/methodology? How can they help you build empowerment, engagement, ideation and collaboration in disruptive times? Become an integrative thinker who can use two opposable ideas to create solutions?**

Feel better, communicate across internal and external boundaries, grow courage, resiliency and grit in the face of changes, challenges, hyper-competition or ambiguity? Enable and actualize better results? Inspire the best in yourself and others?



**Ten years of study, application with clients and a passion for fast, quick, actionable steps that drive results helped me hone in on five steps that build 3Q skills.** Five steps that are part of my coaching and training methodology because they are simple and they can be applied to in a cross-disciplinary, cross sector, cross functional basis. Can you use R-E-A-C-H™ as a guideline for other than building 3Q skills? Yes! Try it out, and send me your feedback. Most importantly, consider the potential of building your 3Q Edge™.

**Taking 3Q to as many people remains a mission that punctuates my work and life, because the imperative to use the challenges we face to realize our greatest potential is critical and doable!** (image credit for this blog: Presenter Media)

## **More on achieving breakthrough results? YOU Betcha!**

Ten Ways to Build Great Leadership in Turbulent Times (*#1 Post for Elysian Training 2014*)

Using **Failure to Succeed** (*#1 Post Elysian Training 2013*)

Rising to the Challenges Before Us (*#1 Post Jesse Lyn Stoner's Blog 2012*)

Possibility Thinking, Doing and Results, Part I

The DNA of Business Success in Disruptive Times

3Q Leadership™/REACH™ Benefits and Why I Have Dedicated My Life to This Work

### **WebTV and Podcasts...**

Extraordinary Women Web TV Interview by Shannon Skinner

Leadership 3.0 Podcast Interview by JoAnn Corley

From Pain To Gain Radio Interview by Deb Scott

Switch and Shift WebTV Interview by Ted Coine

**Anything Else? Just one more thing! Delighted to be speaking  
in the UK October 3, 2014**

**If you are in the London/Bristol, UK area I hope you will join  
me for an Elysian Training Leadership Event and [Presentation  
on How to Lead Through Turbulent Times](#)**

## **Are YOU Ready to...**

**Get re-inspired by what you can achieve at the speed of  
change/challenges? Recharge, refocus, repurpose,  
repower? Develop leadership skills that GROW at the speed of  
change? Successfully negotiate a career or leadership  
transition? Optimize talent and potential?**



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***Executive Coaching, Consulting, Training & Keynotes with a 3Q***  
***Edge™***  
***Leadership, Communication, Talent/Career Optimization in***  
***Disruptive Times***  
***Face to Face | By Telephone, Skype or Video***  
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