

# Monday Motivation-Never Give Up



Never every give up.

Get inspired.

Stay inspired.

Make the hard decision to love yourself,

And your love for others will grow.

In growth there is fulfillment,

In love there is power,

And in you, there is a special spark to share with the world.

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***Check out this free cool tool*** (that's what I call fast, free, proven exercises you can do almost anywhere). Close your eyes and think about smiling. Just thinking about smiling will elevate your mood.

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