Top Ten Posts for May 2012

TopTen | Ten Most Popular Posts May 2012

Helping smart people and organizations communicate and lead forward smarter, faster and happier is what I do best.



#1 Building an Agile Self and Team | The Coachable Moment



Developing a Community of Purpose $^{\text{\tiny{M}}}$



#3 Great Read Excerpt-Managing with a Conscience



#4 What Is A Community of Purpose™



#5 Is there something constructive about discontent?
You betcha. 10 Tips & 10 Posts!



#6 The

Quality of Your Life & Work-Article and Self Quiz



#7 Smart and Fast Are Not Enough: The Need for Better EQ



#8 The Secret to Peace & Prosperity



#9 Rediscover YOUR Fire



#10 On Overcoming

- Is it time to turn a career, communication or leadership challenge into a new way of thinking and doing that takes you forward smarter, faster and happier?
- •Do YOU want to build the communication and social footprint that drives the reach and resonance YOU need?
- Are YOU ready to build a community of purpose™ that drives engagement, empowerment and results?

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Irene Becker | Just Coach It-The 3Q Edge™ | QBlog
Toronto & Virtually Everywhere | (1) 416-671-4726 — Skype:
beckerirene

Building an Agile Self and Team | The Coachable Moment for the Week ending June 1, 2012

The Coachable Moment for the week ending June 1, 2012

Building a Strong, Agile Self and Team

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Toronto and Virtually Everywhere | (1) 416-671-4726 | Skype:
beckerirene

The coachable moment this week is about building personal and interpersonal strength and agility. Where do you start? Whether you want to build a strong actual or virtual team, develop a community of purpose™ or simply live and lead more effectively at the speed of change, resetting your default pattern of thinking is critical.



The secret is out of the box. What worked in the past doesn't work any longer. Your thoughts impact your mood, your mood is transmitted to others (yes, science confirms our mirror neurons make mood

contagious) and from a team building perspective the positive power of group-think is well documented.

How can YOU help yourself? How can YOU help those you lead build greater strength and agility? Being effective, being an agile manager or leadership is all about using each win the way you would use a weight to strengthen your brain, to rewrite a new positive neural pathway so that you become more solution focused. Yes, it is time to change it up, because what worked in the past (being problem focused) no longer works. The sheer velocity of information, challenges,

changes, opportunities we face on a day-to-day basis is titanic. Learning to live, communicate and work effectively at the speed of changes means becoming solution focused. Becoming solution focused starts with an emphasis on the WINS.



Power food for YOUR Brain! Cross training for your personal development. You are what you think. Searching for problems with the intention of solving them is no longer the most effective way to manage or lead forward. Our educational system and the culture o f organizations is centered around picking and pointing out what is wrong and fixing it. Ιs working? No. WINS rock because appreciating them and celebrating them in your mind's eye will help you reset your default pattern of

thinking so that you can become solution focused.

Retrain YOUR brain...it feels GOOD! Help your team retrain their brains. Get a WIN fix, by spending a few moments each morning and each evening to think about your personal and professional wins. Start your next team meeting by focusing on the WINS. What happened today that was positive? Think about it, celebrate it in your mind's eye. Try having a WIN fix twice a day for the next week. Change it up before the sheer weight of challenges, negativity obscure the incredible potential before us to make a difference, be the difference and inspire those we manage and lead to do so more effectively. Have a win fix right now. Try it, enjoy it, because it is an important step in becoming solution focused. A step than can help you reset the default pattern.

Enjoy the search panel the upper right hand site of this blog for insightful and inspiring posts on leadership, communication, team-building, career management & transition. YOUR opinion counts. Post a comment!



Irene Becker | Just Coach It-The 3Q Edge™ (IQ-EQ-SQ)

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Leadership Means Developing a Community of Purpose

Leadership Means Developing a Community of Purpose

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Helping smart people & organizations communicate & LEAD forward smarter, faster & happier

Leadership means building a community of thought and action. It means building a Community of Purpose

Agile leaders are evolutionary leaders; relationship builders, communicators, strategic thinkers and doers whose values, vision and purpose are aligned with a whole new world where success means creating value for others. Purpose means profit, and sustaining profit demands a whole new focus on GOOD business, GOOD leadership on creating GOOD value for stakeholders, shareholders, clients, employees, constituents and communities.



Communities
of
Purpose
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n,
commun

ication and results. Communities of purpose are made up of the right people who come together for the right reasons:

- •Trust, congruency, shared values and objectives that transcend limitations or barriers.
- •New habits of thinking, doing and communicating that build our 3Q Edge $^{\text{m}}$; our ability to optimize, humanize and monetize potential at the speed of change.
- •Empowerment, engagement and a new found ability to fail forward, by using challenges as levers for growth, purpose and progress.
- •A relentless focus on business for the good because purpose makes profit; and sustainable profit means creating value for ALL stakeholders, shareholders, clients, customers, constituents.

Communities of Purpose can help YOU pop the cork on potential.



Effective leadership demands communication and collaboration; effective communities of purpose build resonance and engagement with a virtual or actual community by aligning shared values and objectives with the skills and experience that drive results. Meaningful work, purposeful work will become increasingly critical as we enter a new era where organizations must create value for all stakeholders, shareholders, employees, constituents and communities. Purpose makes profit, communities of purpose build profit in a way that breaks down barriers to potential and communication, driving value for all constituents.

Leadership means building a community of thought and action-A Community of Purpose

Goodness to Greatness Leadership Seven Steps
What Does Leadership Really Mean?
The Thriving Organization
Ten Essential Leadership Principles



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