

Purpose: Building/Actualizing A Leadership and Management Must

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The importance of meaningful work to you success and the success of you people cannot be minimized. Old school: work=profit. New school: purpose=profit. The information is clear, a whole new generation of employees will look for and ultimately demand meaningful work. And, the shift and importance of meaningful work to all people is critical. After our survival needs are met, meaning and purpose are the

key drivers of potential, innovation, ideation...successful results.

Meaningful work is critical to agile and effective leadership & management. Finding meaning and purpose in your work is critical not only to the results you achieve, but to the attitude and the emotions that are picked up by your people. Yes, brain science tells us that mirror neurons make what we are feeling contagious, viral. Can YOU lead forward if you do not believe in what you are doing? Can you inspire and empower the best in others if you do not feel that your work and theirs is important? Will you be able to engage and retain your people? NO.

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What is the Secret to Meaningful Work?

I am going to share something that is counter-intuitive. Yes, you can have your cake and eat it too. It is possible to find meaning and purpose in your work, and the caveat is not only improved focus, management and leadership but a feeling that will be shared with your colleagues, your direct reports, your clients...your people and constituents. Finding meaning and purpose in your work starts with self awareness, with total candor and with a place to share your truth and use it to move forward. Yes, that's right. The things you love about your work and the things that frustrate you can be used and transformed into personalized tools, simple strategies that help you reset or rewrite default patterns that no longer work. Yes, you can probably have your cake and eat it too!

Success Story: Having your Cake and Eating it too!

Executive comes to me disenchanted with new position, executive team etc. We work on key areas of focus, determine meaning and purpose for the client as well as gaps, areas of improvement in communication, collaboration that could be

built with the executive team, managers and in the organization as a whole. Result, we use what is to create a new way of seeing and using challenges that not only reinvigorates meaning and purpose for the executive and causes a pivotal shift in the Executive Team and ultimately senior managers; a shift that creates momentum, empowerment, engagement, improved communication and an organizational spirit of motivation that infuses the leaders and managers with a NEW CAN DO attitude and emphasis. Result: An improved foundation, an important, vibrant seedbed for improved and agile management and leadership.

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The cake is meaning, purpose-your true potential; eating it is the coachable moment. A moment that is pivotal to turning challenges around and using them to communicate, lead and succeed forward forward! Ask YOURSELF... Is it time to find greater meaning and purpose in your work? Do you want to inspire meaning and purpose in your executive team, your managers, your people?

Get in the Know & Start to Grow.

Think about having your cake and eating it too. Making the decision to embrace the meaning and purpose of your work, finding new ways to do so can change your life and the lives of your people...yes, you can shift and LEAD forward!

This post first appeared on Switch and Shift.

Are you ready to go from Now to HOW? Get re-inspired by what you can achieve at the speed of change/challenges? Recharge, refocus, repurpose, repower? Build YOUR 3Q Leadership, Career, Business Development or Talent Optimization Edge?



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**Go For The Gold! Eight
Simple, Powerful, Success
Tips**

**Go For The Gold! Eight
Simple, Powerful Success Tips
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The winter Olympics offers us a chance to be inspired by courageous men and women who embrace their dreams, purpose and potential. Research has revealed that physical training can only take athletes so far before they reach a performance plateau. *It is mental training that makes up 50% of the success solution in going for the GOLD.*

Our ability to refocus our minds, retrain our brains in ways that take us forward faster, better and happier is real...and critical! While few of us have the potential to become Olympic athlete but we all have the possibility to light the fire the empowers, enables and actualizes our greatest potential.

**Ready to ignite your flame? Illuminate your olympic torch?
Go for the Gold? Here are 8 simple, powerful success tips:**

1. Set a specific short-term time line. Accomplish one personal and career goal today with excellence and enthusiasm.
2. Pick positive goals. Goals that require you to pay attention to what your true intention is rather than what you need to avoid or eliminate.
3. Increase your effort, persistence and the quality of your performance at home and at work today.
4. Take a 24 hour break from success deterrents. Do not let flame breakers like anxiety, fear, doubt, frustration, judgement or envy enter your life today. Refuse to compromise your positive focus, your ability to light your flame and champion your potential.
5. Remember that your goals for today are stepping-stones to success. Focus on maximum three goals that YOU must accomplish today.
6. Success and fulfillment are born of concentration, intentionality, consistency and commitment. Focus, build your intention, take small consistent steps, embrace your commitment to achieving maximum three goals today that will take YOU forward.
7. When you have attained your goals for the day, share it with a colleague, a friend, a spouse, a child (someone you trust) and pass on the flame of purpose and passion.
8. Make a commitment to develop your 3Q Leadership Edge™, your ability to develop a mindset and skill set that grows your potential at the speed of change by helping you build three areas that drive our best selves, best work, best organizations and ultimately our best life.

More? You Betcha! 3Q Personal Leadership™ Insights-Success Steps to help you reach past your stuck spots and performance plateaus by not simply playing to strengths but USING changes, challenges, stressors and failures to drive 3Q results that grow and take us forward faster and better! Results that help us grow Q1: Ideation, Strategic Thought, Focus Q2: Emotional Intelligence-Resiliency-Risk Tolerance-Communication-Collaboration Q3: Values, Humanity, Integrity, of Communication, Action and Purpose (intrinsic motivators and anchors of personal, business and organizational sustainability)

Take one simple step forward towards one important goal, or a number of important goals is your flame. Sometimes our flame can be big, other times it is small, but it is always a critical pilot light that once illuminated and kindled can and will take us forward even if we have hit a performance plateau or rut.

Keep your flame going. By taking control of your thoughts and championing the possibility thinking and vision that speaks to you every day, in every way, if you choose to listen. The ability to reset default patterns, to change our internal GPS so that we are not drawn in by the negative (our automatic human default) but are focused on our goals, objectives and seeing the solutions that will make them a reality is REAL.

Help your flame grow. By focusing on your values, your objectives and how you will take them forward rather than falling into the hole of complacency, mediocrity, negativity, judgement, criticism, complaint or simply live and work on overdrive, trying to do more, spinning your wheels faster than ever before with fewer results and less satisfaction.

Kindle your flame and the flame of others by taking the road less travelled. The strength of your flame is YOUR ability to commit to the joy of performance and accomplishment. Each one of us has the spark to ignite our dreams and the dreams of

others, or to fall into the black hole of mediocrity, into an abyss judgement, criticism and complaint that will never take us forward. Accepting mediocrity is a choice. Pursuing the power of moving past a performance plateau by engaging our joy and purpose is a possibility and a positive commitment that we can all choose to make.

Life presents us all with choices. Carpe diem, take this moment to choose well. Get serendipitous, dance with your dreams, embrace a better vision and refocus on a few simple and important objectives you want to achieve today. Dare to say no to mediocrity or complacency. Dare to engage and train your heart and your mind to focus on and accomplish what you truly want to achieve. Life constantly tests our level of engagement and commitment, it also points us towards our greatest rewards if we are willing to go for the gold by igniting our flame!.

More? YOU Betcha! The time to get OLYMPIC about your potential is NOW!

Ten Ways to Lead and Succeed In Times of Complexity and Change
The Power of Your Story

A Collection of 81 Inspiring Posts, Audio and Video Interviews

A Collection of 330 Inspiring Life, Happiness, Success Posts

Great Leadership At The Speed of Change- 356 Leadership and 30 Leadership Posts

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Guest Post: How Ordinary People Can Achieve Extraordinary Results

**Guest Post
How Ordinary People can
Achieve Extraordinary Results
by Ifeanyi Enoch Onuoha,**

Author of Overcoming the Challenges of Life

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Success is not money, cars, fame or material possessions but the lives you touched positively.

Ifeanyi Enoch Onuoha

Ifeanyi Enoch Onuoha has touched my life and the lives of so many others because of the integrity and purpose in his mission. At a time when the incredible scientific and technological advances have blessed our world, the inequities, need, greed and ego-the lack of humanity that can lead us to the darkest abyss is real.

As we stand on a glass cliff, facing the greatest renaissance humankind has known, or a decent into the abyss of need greed and ego, there are those of us who stand valiantly at the edge

of this cliff crying out to the world...we can do better, we must do better; and, doing so means opening our hearts and minds to our individual and collective potential to learn, live and lead forward.

Sharing a beautiful article from a beautiful soul. I hope you enjoy it as much as I did! And, Ifeayni, I am touched and humbled by your mention at the end of this article. My goal, my purpose remains to serve by helping change-makers lead change. Change that takes us forward towards our greatest potential. Potential to build better lives, organizations and contribute to a better world!

How Ordinary People can Achieve Extraordinary Results by Ifeanyi Enoch Onuoha,

To achieve anything of value, you must be intentional about it. As humans, we are unlimited; the only limitation we have is the one created by our imagination. The truth is that: **nothing is impossible to them that believe**. Extraordinary people are those who do a little extra than the ordinary folks do and extraordinary result manifests when we go beyond what is ordinarily obtainable.

Since 2004, I consciously began to study the life of great businessmen, inventors, leaders, activists and artists and I can authoritatively tell you that they have common denominators – qualities that set them apart from the crowd. In other not to bombard you with information's, I will be bringing to your knowledge four of the many secrets I discovered in my study. Take a deep breath, and

let's embark on this life-changing trip. Are you ready?

1. Self-mastery

It's very funny that in life, many of us spend time to study and become masters in things like rats, dogs, chemistry, mathematics, religion, medicine, physics, biology but we have not taken time to study and master ourselves. One who has not mastered self is not fit to lead others. Self-mastery helps you know your strengths and weaknesses. It's makes you selfless and this is what helped great souls like Mahatma Gandhi, Martin Luther King, Jr., and Mother Teresa to live their dreams which are still influencing lives today. Now is the best time to seat at the driver's seat of your life, take charge of your apple cart and be a master of your glorious being.

2. Innovative Mindset

Innovation is the ability to bring into existence something that has not been. An innovative mind is what one needs to have an edge in this competitive age. Innovative mindset helps you dream dreams, come up with cutting edge ideas and see new ways of doing things. This is the novelty spirit which helps you birth novel things.

3. Communication

This is one essential skill you must master if you truly want to achieve great results. I know this guy, whom when you write a question or problem on

paper and give him, he will solve it but when you ask him to answer or teach you using words, he can't. One day while we were together, I asked him, "Do you know you are very intelligent?" He was just steering at me till I left the scene. The next day he met me in cafe and told me that the problem is how to put those ideas into words rightly because this is causing him to lose relationships and promotions. I have to take him on a course of self-confidence and how to put ideas into words and today this dude is enjoying a beautiful life, teaching people mathematics and other sciences and can now talk to females and even speak before a crowd. As a leader, mastering the art of communication helps you in communicating visions and goals to your people. As an inventor it helps you pass across the use of the device you invented to your buyers and users. You need good communication skills to sell yourself and your products right to the market. ***The essence of communication is for people to understand you.***

4. Teamwork

Teamwork is the secret that makes common people achieve uncommon

result. Successful people always work as a team, subordinating personal prominence to the teams' goal. Usain Bolt is the world's

fastest man, yes! Do you think he achieves success alone? No! He has a

formidable team that consists of trainer, physician,

dietician, life coach, psychologist, PR manager and many more and these people give their best for Bolt to emerge a winner. On studying about Apple and Google's innovative prowess, I found out that it's their team that causes their outstanding success and not an individual effort. No one can achieve success alone. When you pass an examination, you didn't do it alone; someone thought you and someone wrote the materials you studied. When you share an idea or dream with a fellow great soul, the idea/dream becomes finer. Always be grateful!

These four secrets I shared with you are very simple but rewarding if diligently applied in your life and living. Every great person I have met online or offline embodies these qualities. These qualities helped ordinary men like Moses, Aaron, Gideon, peter, Mathew etc., in the Bible. These qualities made great souls like Abraham Lincoln, Barack Obama, Isaac Newton, Michael Faraday, Bishop T. D. Jakes, Oprah Winfrey, Obiageli Ezekwesili, Don Moen, John C. Maxwell, Steven R. Covey, Joel Osteen Mathew Ashimolowo, Jeff Bezos, Michael Hyatt, Ambrose Ehirim, Jack Dorsey, Nelson Mandela, Ted Coine, Irene Becker and many more to be successful and am sure will help you too. Go to work on them now!

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More On Ordinary People Achieving Extraordinary Results? YOU

BETCHA

Overcoming the Challenges of Life by Ifeanyi Enoch Onuoha

Zowie! 328 Life, Happiness and Success Posts

81 Inspiring Posts, Video and Audio Interviews

Against All Odds-A True Story of Hope, Courage, Leadership

I Will NOT Be Broken-The Call To Build A Better Future

From Victim To Victor

The Power Of YOUR Story

Our Greatest Hope

The Secret To Peace and Prosperity

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