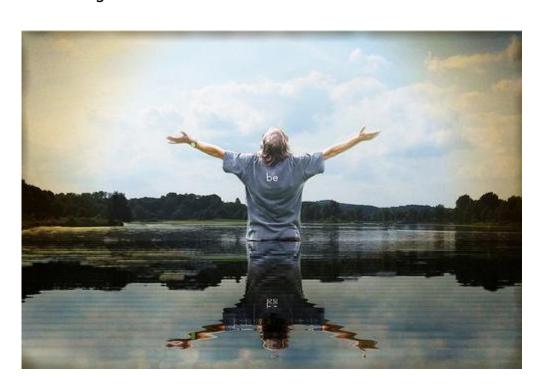
### The Power Of YOUR Story

## The Power of YOUR Story Including 15 bonus links and two radio/ web tv interviews

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The stories we tell ourselves become our worlds. Perspective is everything, consciousness drives our ability to evolve or devolve; and the desire to make sense of our personal story is something a task that our brain is hard-wired to perform.

The power of YOUR story must be mined because its power lies not in what you have accomplished or not accomplished, but in the pivot points, the accomplishments that touch your heart, the wins that are milestone markers AND moments of challenge that (if properly used) can help you develop a new sense of self, a better view of your own potential.

From birth to death, the power of our own personal story follows us, and it's ability to inspire our best self, our best work and help us build our best life is as real as it's power to create disempowerment, underachievement, overachievement at any cost.

What is YOUR story? How will you look upon your journey with eyes that will help you see your strengths with greater clarity, and use challenges, failures as a lever for your greatest potential? Q1: improved focus, ideation, innovative thought Q2: improved resiliency, risk tolerance, empowerment,

communication, collaboration **Q3**: enhancement of the intrinsic motivators, the timeless values that drive sustainability-courage, integrity, purpose

The power of your story, is the fire that can light the power of your greatest potential. Your ability to see your story with new eyes, eyes that build on three Q skills starts with your desire to look at your story and the story of others with eyes that search a meaning and purpose that aligns with the courage, integrity, purpose, humanity required to take us all forward as one people sharing one planet. In a world of constant change, challenges, competition; at a time of titanic paradox where our ability to develop technological, scientific advances that are REMARKABLE remain dimmed by social, economic, environmental, organizational problems...Your story, my story, our stories and the way we choose to see them can either enhance our reduce our ability to build better lives, better organizations and contribute to a better world.

Two years ago, I was challenged by the author of one of my favorite leadership books (Serve To Lead) James Strock to write my story. It was a challenge that scared me, it was a challenge that took me weeks to accomplish. And, it is a challenge I am grateful for because it not only helped open my eyes, and hopefully inspire others, but it became a great lesson in listening to the stories of others without judgment, without bias, with a simple focus on finding their "inner awesome". And, it became a story, and a great relationship with a great man who inspired me to write my forthcoming book; I Will Not Be Broken-The Call To Build A Better Future

What is your story? How will you use it to empower your greatest potential? How will you listen to the stories of those you lead, work for, befriend and love? The challenge to see our own stories with new eyes and hear the stories of others with new ears calls to us all! The call to build new ways of thinking, new ways of listening that take us forward is upon us! Answering this call is a powerful step forward.

More On Personal Development-Empowerment-Optimization of Potential? YOU BETCHA!

Posts, Podcasts and Web TV Interviews!

#### Posts:

Introduction To My Forthcoming Book: I Will Not Be Broken
Lighting The Fire Of Human Potential: Developing A Purposeful
Life And Career

Building Essential Success Skills That GROW At The Speed Of Change

Ten Ways To Lead Forward In Times Of Complexity And Change Remove The Wall To Your Greatest Potential

Using Failure To SUCCEED-Practical Tips

The Secret To Personal Development And Growth

Constructive Discontent: Building A Critical 3Q Life And Leadership Skill

Two Minute Tune Up For Over-Achievers And Under-Achievers
The Individual and Organizational Imperative For 3Q Leadership
The Purpose Equation

Happiness And Success In The Face Of Change/Challenges Five Ways To Take Control Of Your Potential

Turning Negativity Around: Resetting Your Internal GPS! The Empowerment Compendium

#### **Podcasts and Interviews**

Radio Interview by Deb Scott: From Pain To Gain In Life And Career

Web TV Interview by Shannon Skinner: Extraordinary Women Leading In The Face Of Challenges

Are you ready to go from Now to HOW? Get re-inspired by what you can achieve at the speed of change/challenges? Recharge, refocus, repurpose, repower? Build YOUR 3Q Leadership, Career, Business Development or Talent Optimization Edge?



# Inspiring Quotes: Leadership & Success At The Speed Of Change

## Inspiring Quotes: Leadership & Success At The Speed Of Change

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The imperative to get re-inspired by what we CAN do is

critical. Sharing some inspiring quotes/excerpts from my Top
Ten Posts of 2013.





### Leadership And Success In Disruptive Times

Success at the speed of change is the mantra of courageous pioneers, avid learners and doers, pragmatic optimists and change-makers, transformational catalysts... leaders and builders of a better way forward.

#### From Pain To Gain-Ten 21st Century Lessons Learned

Leadership is a 3Q equation supported by courage. Courage grows each time we align IQ (intelligence) EQ (humanity) SQ (integrity).

## Ten Practical Ways To Build Essential Success Skills At The Speed Of Change

Embrace your ability to make a difference and be part of the

difference by using your strengths and challenges to learn, communicate, collaborate and lead forward.

### 3Q Leadership Benefits And Why I Have Dedicated My Life To This Work

Our ability to rise to the challenges before us means developing a mindset and skill set that takes us forward in ways that help us evolve and grow. A mindset and skill set that helps us build communities of purpose that thrive at the speed of change. A mindset that helps us build and grow our 3Q Edge™.

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Ten Ways To Lead Forward In Times Of Complexity And Change A great man once said that we must become the change we seek. It is time to realize that we must also use the changes we face to develop the solutions, optimize the potential that can help us live and lead forward.

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#### Women And Leadership: Ten Critical Steps Forward For Women And Men

The most important fire we can light is the fire of human potential, and I believe that women have a critical role to play.

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#### From Now To How: Building Social, Digital and Cross Generational Leadership

The need to go from NOW to HOW is critical. Leadership starts with our ability to imagine, inspire, innovate and communicate forward.

Hope lies in not simply playing to strengths, but to seizing

every challenge, change, stressor and failure as an opportunity to grow, evolve and expand the power of our minds, the strength of our brains and the capacity of our hearts.

Courage lies in our ability develop a whole new mind set, skill set and heart set that optimizes the unbridled passion, purpose and potential of humans to do better, rather than simply living or working faster than ever before.

Strength lies in finding a common language, a common message that touches the heads, hearts and mind of many.

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**Using Failure To Succeed: 7 Practical Powerful Tips**Learning to fail forward is not only the stepping stone of those who will lead greatly, it is the pivot point for everyone and anyone who wants to grow, evolve, adapt and succeed in the 21<sup>st</sup> century.



Are you ready to go from Now to HOW? Build Your 3Q Edge™? Get re-inspired by what you can achieve at the speed of change/challenges? Recharge, refocus, repurpose, repower?



Irene Becker | Just Coach It-The 3Q Edge™ | IQ-EQ-SQ for

Reach-Resonance-Results Executive Coaching, Consulting,

Training and Keynotes with a 3Q Edge™

Face to face and/or virtually by telephone, video

conferencing or skype!

Twitter @justcoachit Tel: (1) 416-671-4726 Skype:

beckerirene

# Leadership & Success In Disruptive Times: Top Ten Posts 2013

## Leadership & Success In Disruptive Times

Top Ten 2013 Posts 3Q Leadership™ Blog

Bonus Reading List-Great Books of 2013

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Success at the speed of change is the mantra of courageous pioneers, avid learners and doers, pragmatic optimists and change-makers, transformational catalysts...

leaders and builders of a better way forward.



Leadership and success in disruptive times is a 3Q Equation. An equation that is different because it speaks to USING your strengths AND challenges, stressors, even failures to build:

Q1: Ideation, focus on what counts, ability to learn-relearn

**Q2:** Emotional intelligence; self-awareness, relationship building, resiliency, risk tolerance, communication, collaboration

Q3: Purpose, integrity, courage, humanity; intrinsic motivators that are the glue of great leadership and the linchpin of sustainability.

Are you ready to optimize your talent, your purpose, your potential by looking at the challenges and opportunities you face with new eyes? Eyes that take you forward faster and better. Eyes that help you optimize your potential and the potential of others? Will you remain entrenched in ways of thinking, doing and communicating that may have worked well in the past, but will not take you forward?

I challenge you to see the titanic opportunity before you. It is an opportunity that should not be missed, because our individual and collective ability to enfranchise the intrinsic motivators, the universal values that drive sustainability, while building NEW ways of thinking, communicating, leading is real and critical. Will you build your 3Q Edge™? Is time to optimize your potential? Carpe diem! May 2014 be a year of outstanding learning, living and leadership!

## Top Ten Posts, Podcasts & Interviews 2013 : Leadership & Success In Disruptive Times

From Pain To Gain-Ten 21st Century Leadership Lessons Learned

Ten Practical Ways To Build Essential Success Skills At The Speed Of Change

3Q Leadership Benefits AND Why I Have Dedicated My Life To This Work

10 Ways Lead Forward In Times Of Complexity & Change

Women & Leadership: Ten Critical Steps Forward (for women & men)

From Now to HOW: Building Social, Digital and Cross Generational Leadership

Using Failure To Succeed: 7 Practical, Powerful Tips

Switch and Shift TV Interview The Linchpin To Your Company's Success — by Ted Coine http://bit.ly/laKsCBe

A Podcast With Transformational Catalyst, Irene Becker by JoAnn Corley

Radio Interview by Deb Scott : From Pain To Gain In Life And Career http://bit.ly/18xhtUk

Top Ten Books: Leadership & Success In Disruptive Times ( A selection of my 2013 favorites)

The End Of Competitive Advantage by Rita Gunther McGrath

Give and Take: A Revolutionary Approach to Success by Adam M. Grant Ph.D

Flash Foresight by Daniel Burrus

Design Works: How to Tackle Your Toughest Innovation Challenges through Business Design (Rotman-UTP Publishing) by Heather Fraser

Focus by Daniel Goleman

Disrupt. Think Epic. Be Epic by Bill Jensen

The Myths Of Creativity By David Burkus

Personal Ecology by William Powell

The Influential Leader by Rebel Brown

Awaken Your Authentic Leadership by Tana Heminsley

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